

YOUR BRACES@BRICK HAWLEY RETAINER

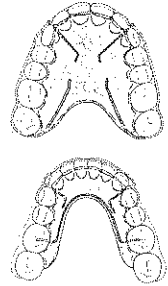
Congratulations! You did it! We are proud of you!

You've completed only the moving part of your treatment. Now for the holding part! **The next few months will be a critical part of your treatment!** Your Hawley Retainer is designed to hold your teeth in their corrected position until the bone surrounding the roots of the moved teeth "fill in" and make them "solid". If we do not retain (or hold), following orthodontic tooth movement, the teeth will move back to their old positions and all that time wearing braces would be wasted.

If your retainer is going to do the job, here are the things you must do:

Wear your retainer as instructed! Your wearing schedule is:

24 HOURS PER DAY _____
EVERY NIGHT _____



Lifetime: As an insurance policy it is recommended to wear your retainer at night indefinitely. Simply use your retainer as a template and try it in. If it feels tight, wear it for the night.

SEE OTHER SIDE FOR MORE INFO ABOUT YOUR HAWLEY RETAINER 

YOU'RE NOW ON YOUR WAY TO A GREAT SMILE! CALL US ANYTIME, WE'RE HERE TO HELP.
732-477-1808

REMOVE YOUR RETAINER FROM THE BACK HOOK - NOT FROM THE FRONT

Take care of your retainers: Clean with soap, water and Q-Tips. Efferdent® works fine, too. Don't brush the appliance with toothpaste; it dulls the brilliance. Keep them away from pets - they love to chew on them. Don't use hot water or place near hot surfaces; this can distort the shape of your retainer. You may remove your retainer while swimming in a lake or ocean

No Flipping: Avoid flipping the retainer with your tongue. This can cause damage to your teeth and retainer.

NEVER Wrap the retainer in a napkin or tissue, as they may be thrown away. Always store the retainer in its case (not your pocket).

Speech: You may notice a difference in your speech at first. However, in 2 or 3 days, your speech will become normal. The plastic taste of the new appliance will soon disappear.

Return to your family dentist for an examination and cleaning.

Keep your appointments: You will have fewer office visits but checking your retainer is still very important. Always remember to bring your retainer to every appointment.

If you lose or break a retainer, please call us immediately. **THE TEETH WILL MOVE IF THE RETAINERS ARE NOT WORN AS INSTRUCTED.** Additional charges will be made for lost or broken retainers, or a retainer that does not fit because of insufficient wear or negligence. If for any reason you can not wear as instructed please call us.

DON'T FORGET TO SMILE!!!